SELF-ACTION LEADERSHIP
▣ MASTER CHALLENGE REQUIREMENTS ▣

1. Find an Accountability Partner (AP) like a spouse, family member, friend, supervisor, teacher, coach, colleague, mentor, etc. Review with them the SAL Master Challenge requirements. Invite them to be a witness to your efforts and serve as your accountability partner. (Check boxes upon completion.)

   ❑ Accountability Partner's (AP's) name:_____ AP's Initials: _____

2. Read all eight (8) sections of this book.

   ❑ ❑ ❑ ❑ ❑ ❑ ❑ AP's Initials: _____

3. Complete the twenty-five (25) SAL Challenge Exercises throughout this book.

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   ❑ ❑ ❑ ❑ ❑ ❑ ❑ ❑ ❑ ❑ ❑ ❑ ❑ AP's Initials: _____

4. Record two hundred handwritten or one hundred typed (double spaced) pages in your SAL Journal in response to the "In Your Journal" questions or prompts contained throughout this textbook. One box = ten pages.

   ❑ AP's Initials: _____

5. Submit a copy of your Self-Declaration of Independence (Self-DoI) and Self-Constitution (S-C) along with your completed requirement sheet (including initials and signatures) to Freedom Focused. If you wish to keep these documents private, you may submit a ten-page paper in lieu thereof. The paper should discuss what you have learned about SAL, how you are applying SAL principles in your life, and explain how drafting a Self-DoI and Self-Constitution have and will benefit your life and education or career.

   Self-Declaration of Independence ❑ Self-Constitution ❑ AP's Initials: _____
   10-page paper mailed to FF (*if necessary*) ❑

6. Share this book—and what you have learned and experienced—with three people who have not yet read it. Invite and encourage them to read it and complete the SAL Master Challenge.

   ❑ ❑ ❑ AP's Initials: _____

On my honor, I affirm and attest that I have completed ALL requirements to receive my SAL Master Challenge medal and diploma.[1]

_____

Signature of Candidate

_____

Signature of Accountability Partner

[1] SAL-MC diploma is not academically accredited.